

Human Sexuality: Parent Orientation



El Paso Independent School District

Parent Orientation: Q & A

Q: Why do I need parent orientation?

A: It's the law. Parents have a *RIGHT* to know what public schools are teaching their children about sexual health.



It's the Law...



According to Texas Education Code 28.004 § (i) (1): “A school district shall notify a parent of each student enrolled in the district of the basic content of the district’s human sexuality instruction to be provided the student.”

EPISD’s Parent Orientation fulfills with this mandate.

It's the Law...

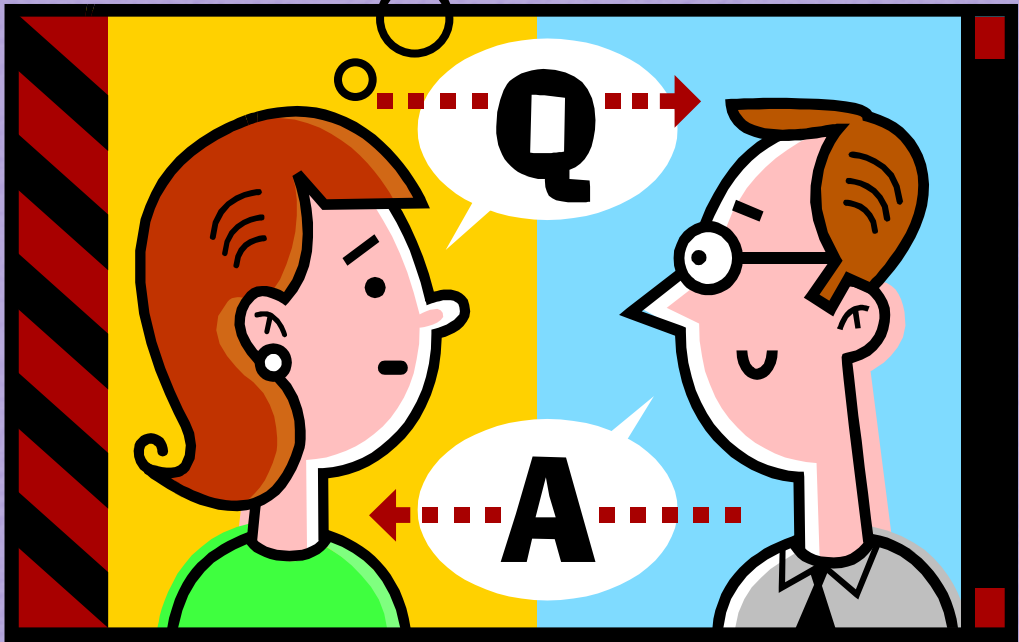


§ 28.004. LOCAL SCHOOL HEALTH ADVISORY COUNCIL AND HEALTH EDUCATION INSTRUCTION. (a) The board of trustees of each school district shall establish a local school health advisory council to assist the district in ensuring that local community values are reflected in the district's health education instruction.

http://www.episd.org/_programs/shac/



Why do you have to teach this information in school? I already teach my child what they need to know.



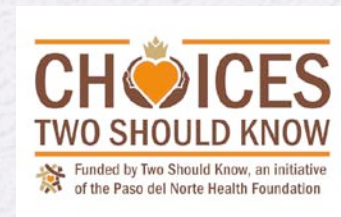


Human Sexuality

- A lifelong process that begins at birth and ends at death
- Includes how we:
 - Think, act and feel about gender
 - Act in relationships
 - Show love and affection
 - Feel about our bodies
 - Choose who we are attracted to

When it comes to teens' decisions about sex, who is more influential?

- According to The National Campaign to Prevent Teen and Unplanned Pregnancy, 2009:
 - Parents think:
 - friends– 43%
 - other parents-24%
 - Teens say:
 - their PARENTS- 31%
 - themselves – 23%
 - other friends-18%



Q3. Among teens who have had sex, how many say they wish they had waited longer before losing their virginity?

- A. about 1 in 10
- B. about 1 in 5
- C. about 1 in 3
- D. about 2 in 3

Q3. ¿Entre los adolescentes que han tenido relaciones sexuales, cuántos dicen que desean que habían esperados?

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60% desean que habían esperados

Source: National Campaign to Prevent Teen and Unplanned Pregnancy, With One Voice 2007

5 Steps for Talking

1. Bring up the subject
2. Find out what your child thinks
3. Give clear messages
4. Let your child know WHY you care
5. "Keep the door open" for more talking

5 Pasos para Conversar

1. Saque el tema de las relaciones sexuales
2. Averigüe qué piensa su hijo/a
3. Déle mensajes claros
4. Hágale saber a su hijo/a POR QUÉ usted se preocupa
5. "Deje la puerta abierta" para otras conversaciones



Straight to the facts

- ➔ **Student grades 9 to 12 who report ever having sexual intercourse in their lifetime:**
 - **U.S: 47.4%**
 - **Texas: 52%**
- ➔ **Students grades 9 to 12 who reported having sexual intercourse with four or more persons during their life**
 - **U.S: 15.3%**
 - **Texas: 17%**

How Many Sexually
Transmitted Diseases Can
You Name?

Common STDs

- **Gonorrhea**
- **Chlamydia**
- **Syphilis**
- **Herpes Simplex Virus**
- **Hepatitis B**
- **Human Papilloma Virus (HPV)**
- **HIV/AIDS**



Straight to the facts

➔ Reported cases of Gonorrhea

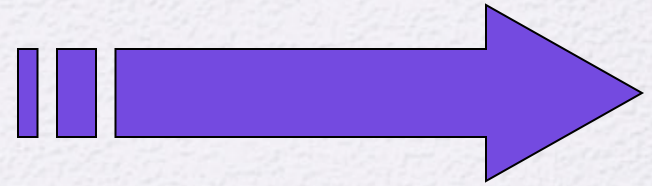
- **US:** 15- to 19-Year-Old Men—In 2010, as in previous years, men aged 15–19 years had the second highest rate of gonorrhea (253.4 cases per 100,000 males)

➔ Reported cases of Chlamydia

- ➔ **US:** 15- to 19-Year-Old Women—In 2010, the rate among women aged 15–19 years was 3,378.2 cases per 100,000 females

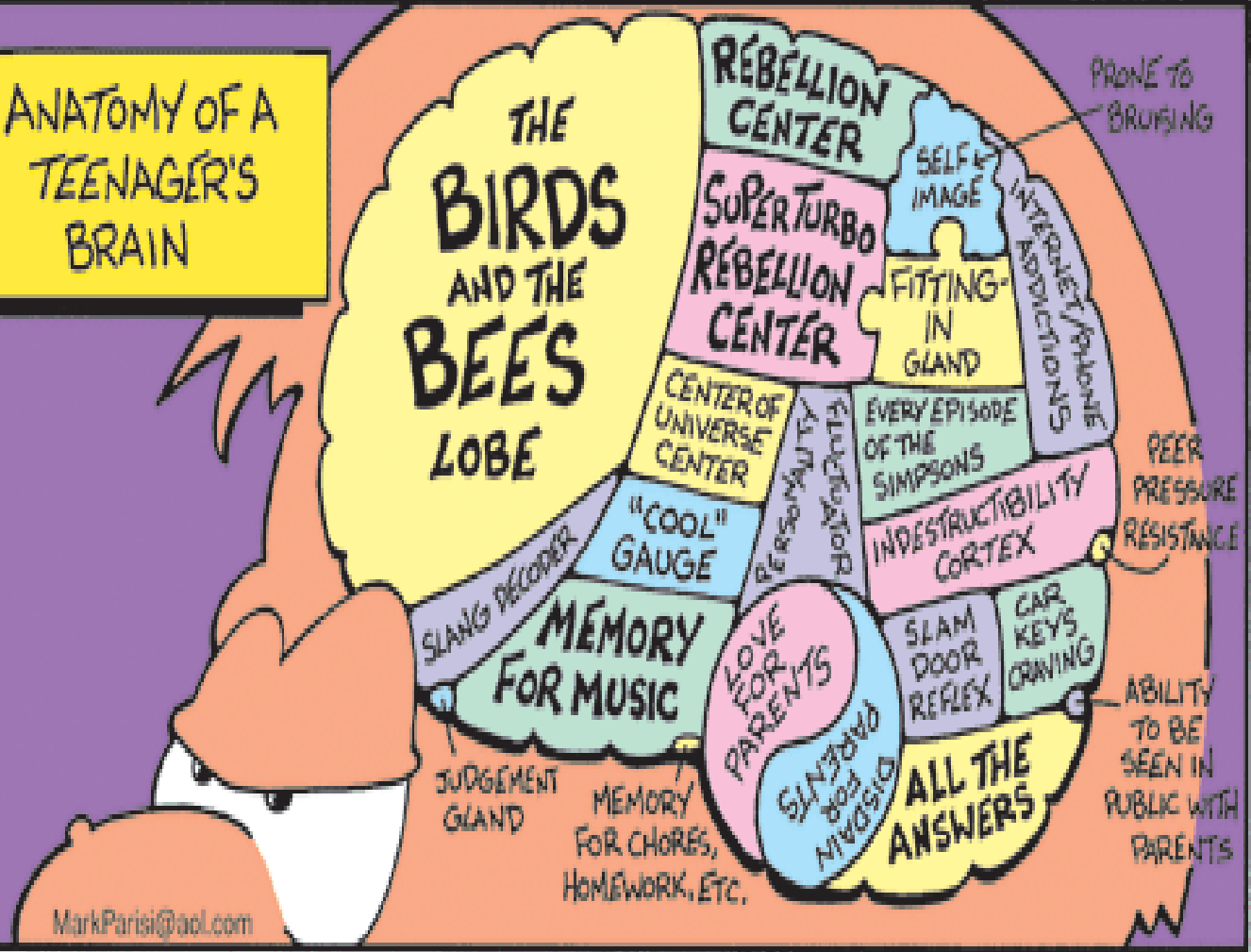
Source: Texas Department of State Health Services, 2002

Straight to the truth...




ANATOMY OF A
TEENAGER'S
BRAIN

www.offthemark.com
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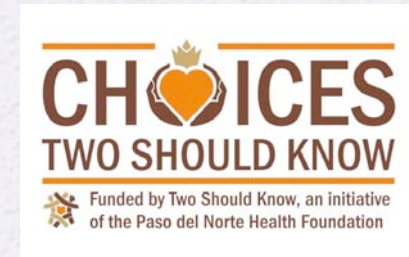


Health Education Comprehensive Units

- Emotional Health
- Tobacco, Alcohol, and Other Drugs
- Nutrition and Fitness
- Safety, First Aid and Injury Prevention
- Social Growth and Physical Development
- **Human Sexuality (middle/high school)
- Disease Prevention and Control
- Parenting and Paternity Awareness- P.A.P.A (HS)

Human Sexuality Units

- Big Decisions curriculum unit
- Choices Two Should Know curriculum unit
- EPISD curriculum unit





Human Sexuality Units

- Anatomy and Reproduction
- Healthy Relationships
- STD's
- Abstinence
- Contraception
- Influences
- Goals and Dreams
- The Power to Say No



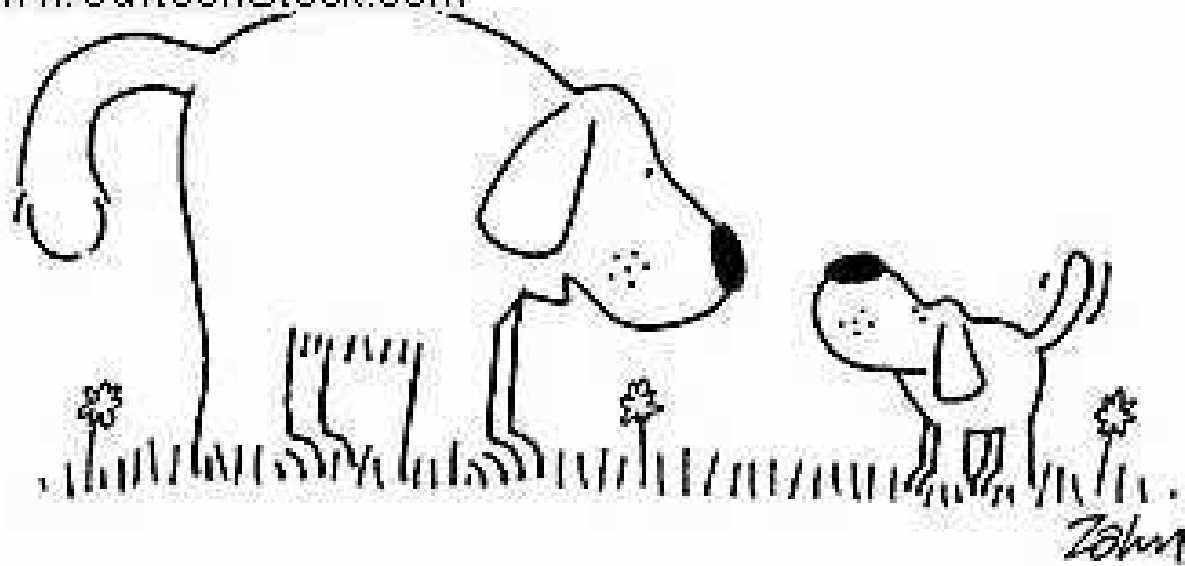
Time Out to Talk

- Listen, listen, listen to your teen.
- Talk about *your* values regarding sexual behavior.
- Teach your child ways to make good decisions about sex.
- Coach kids on what to say or do to help them get out of risky situations.

Time Out to Talk

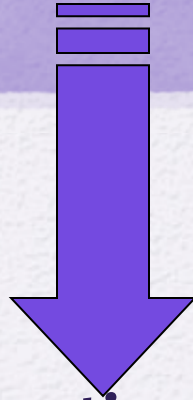
- **Tell your child you are open to talking.**
- **Respect their need for privacy.**
- **Children learn by watching.**
- **Be available; give your child time.**
- **Provide accurate information.**
- **Role playing situations are effective ways to talk with your child.**

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"SON, I THINK YOU'RE OLD ENOUGH NOW
TO KNOW ABOUT THE BIRDS AND THE FLEAS."

More Information



For more information refer to these websites

- <http://www.episd.org>
- <http://www.cdc.gov/>
- <http://www.cdc.gov/HealthyYouth/yrbs/index.htm>



Questions?

