## Newsletter

## Trust September 2019

### **SAY IT:**

Putting your confidence in someone you can depend on

#### KNOW IT:

#### **ASK A KID:**

- Who are some people that you trust? Think of people at home, school, church, or on your sports team that you can always depend on.
- Think about yourself. Are you able to be depended upon? Do people trust you?

#### **ASK A GROWN UP:**

- Who were some people when you were growing up that you trusted? Who are the people you trust as an adult? Are some people on both lists?
- What are some things that you can do to show people you are dependable?

#### SEE IT:

When we get sick or have an illness we make a trip to the doctor's office or sometimes the hospital. Each time we visit these medical offices we are putting our trust in the doctors and nurses that take care of us. We believe that we can depend on them to identify the problem and make decisions that will help us get better. Can you think of other people in our lives that we put our confidence in because we know we can depend on them?

#### BE IT:

You can be trusted when you are asked to take on a responsibility at home, school, church, etc., and you follow through and carry out the task to the best of your ability. Additionally, you can be trusted when you are on time, organized, and consistent. When you do these things, people will put their trust in you because they have confidence that you can be depended upon.



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# At every age, kids need significant relationships.

The significant relationships in a child's life include parents, teachers, relatives, coaches, and spiritual leaders.

As a parent, you can encourage these relationships as a way to ensure that other trusted adults are surrounding your kids with the same messages and advice that you would.

So don't miss it. This year, this month, today is just a Phase!

