

Upcoming Classes & Training

Due to COVID-19, all programs are being held virtually. Please register via the link in the event's description.

**** All Times are in Mountain Time****

For our Virtual Support Groups visit www.namiep.org/virtual-support-group

AUG
20
TO SEP 24

NAMI Bases y Fundamentos Clases

- Thu, Aug 20, 2020 9:00 AM Thu, Sep 24, 2020 11:30 AM
NAMI Bases y Fundamentos es un programa educacional de 6 semanas para padres y familiares de niños y adolescentes que viven con condiciones de salud mental. Cubre los fundamentos de estas condiciones, el afecto en la mente, y cómo comunicar mejor sobre el tema.

Empezando el 20 de agosto, cada jueves hasta el 24 de septiembre.

PARA REGISTRAR VISITE:
HTTPS://US02WEB.ZOOM.US/MEETING/REGISTER/TZ0RDOCHRZOJGNNJX
V5LYTN2HX7SYGWKRIZV

SEP
8
TO OCT 13

NAMI Homefront

- Tue, Sep 8, 2020 9:00 AM Tue, Oct 13, 2020 11:30 AM
- Endeavors ([map](#))
NAMI Homefront is a free, 6-session educational program for families, caregivers and friends of military service members and vets with mental health conditions. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans living with mental health conditions.

Classes will take place on Zoom from 9:00AM-11:30AM on 9/8, 9/15, 9/22, 9/29, 10/6, 10/13 This course balances basic education and skill-training with emotional support, coping strategies and empowerment. We hope you take advantage of this unique opportunity!

REGISTER HERE:
HTTPS://US02WEB.ZOOM.US/MEETING/REGISTER/TZILF-
2GRT4JGN2OIZVXGIL12OO0 JJQVJ7C

SEP
18

Ending the Silence for Families (Region 19)

- Friday, September 18, 2020
 - 10:00 AM 11:00 AM
- A 1-hour presentation for adults with middle or high school aged youth that includes warning signs, facts and statistics, how to talk with your child and how to work with school staff

REGISTER HERE:

[HTTPS://ZOOM.US/MEETING/REGISTER/TJAVCOUSPJ8RETJ6XSH2ED0AG
G2NCKNP4OGM](https://zoom.us/join/zoom/register/tjavcouspj8retj6xsh2ed0ag2ncknp4ogm)

SEP
24
TO NOV 12

NAMI Peer to Peer

- Thu, Sep 24, 2020 6:00 PM Thu, Nov 12, 2020 8:00 PM
In Collaboration with NAMI Southern New Mexico

A free, 8-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions, and informative videos. However, as with all NAMI programs, it does not include recommendations for treatment approaches. The course provides an opportunity for mutual support and growth. Experience compassion and understanding from people who relate to your experiences.

REGISTER HERE:

[HTTPS://US02WEB.ZOOM.US/MEETING/REGISTER/TZASCUYOOTGIG9M95
NKEFCDIH1U7XCZOI3PA](https://us02web.zoom.us/join/zoom/register/tzascuyootgig9m95nkefcdih1u7xczoi3pa)

SEP
25

NAMI Padres y Maestros Como Aliados (PTA - Region 19)

- Friday, September 25, 2020
 - 10:00 AM 11:00 AM
- Una presentación de 60 minutos para la comunidad escolar para ayudarles a comprender mejor los signos y síntomas de las dificultades emocionales y conductuales que pueden ser señales de alerta temprana de condiciones de salud mental en niños y adolescentes.

REGISTRARSE:

[HTTPS://ZOOM.US/MEETING/REGISTER/TJYLCEQOPJGTHT2OEO_BDWM
EADS0R0AEHH0K](https://zoom.us/join/zoom/register/tjylceqopjgtht2oebdwm_eads0r0aehh0k)

SEP
25

Ending the Silence for Families (CIS of El Paso)

- Friday, September 25, 2020
 - 5:00 PM 6:00 PM
- A 1-hour presentation for adults with middle or high school aged youth that includes warning signs, facts and statistics, how to talk with your child and how to work with school staff

REGISTER HERE:

[HTTPS://ZOOM.US/MEETING/REGISTER/TJUTDUYGRZWVG9E4GDGZEYH
Y8OKX5MNUY8PV](https://zoom.us/join/zoom/register/tjutduygrzwvg9e4gdgzeyh-y8okx5mnuy8pv)