

El Paso Independent School District



S H A C
School Health Advisory Council

May 16, 2024

El Paso ISD Professional Development Center

Call to order (5:00 p.m.) –Perla Retana (SHAC Co-Chair) –Mrs. Retana welcomed the community to the SHAC meeting.

Minutes from last SHAC meeting were reviewed and approved. The SHAC membership that was provided to the Board of Trustees was approved. The BOT has not approved our bylaws as the bylaws are currently being revised by the EPISD legal team.

Mr. John Adams (Director, Health, Wellness, & PE); The district is developing a Choking Relief Training that will be shared with employees. This training will be grouped with blood borne pathogen training for employees. The SHAC must make the recommendation to have the choking relief training as a part of the employee trainings.

Ms. Norma Luna (Director, Health Services); The choking relief training is currently being developed and will be submitted to be posted for employees.

Ms. Perla Retana (SHAC Co-Chair) –

Goals, action plan items, and meeting dates for the upcoming 2024-25 school year to include local campuses of the SHAC membership.

- Members voted to have four general meetings that will be held on the third Thursday of the month at the following locations;
 - Wiggs MS
 - Bobby Joe Hill
 - Coldwell ES
 - Brown MS
- 5.15pm
 - Meetings will be held in September, November, February, & March (Executive Committee Meeting)
- SHAC bylaws will continue to be revised over the summer
- Healthy Food Ideas Recommended Through SHAC
 - Holiday Celebration Recommendations
 - Advertise Healthy Recommendations Through Class Dojo
 - Healthy Food Ideas for Parties and Parents Through Social Media Announcement
 - FFA Regulation: Classroom Celebrations: Students may be given foods with minimal nutritional value (FMNV), candy items, or other restricted foods during the school day for up to three different events each school year as determined by the District. During these events, FMNV may not be given during meal times in the areas where school meals are being served or being consumed, and regular meal service (breakfast and lunch) must

continue to be available to all students in accordance with federal regulations. Foods that meet the USDA Smart Snacks.

- Hydration, Sun Safety, Healthy Habits
 - Campus will support the districts efforts to promote healthy eating and daily physical exercise.
 - Messaging Campaign
- Promote health habits through good nutrition
 - Promotion and education goal and provide information on nutrition guidelines
 - Food and caloric balance
 - The goals include teacher and staff training for nutrition
 - Nutrition newsletters on SHAC website
- Provide coalition updates to SHAC
 - Smoke Free Paso Del Norte & Action for Healthy Kids Coalition
- Opportunities for physical activity will be incorporated into subject lessons
 - Brain breaks with specific times for students
- Create mental health local policy
 - Local policy
 - Include key stakeholders to include the Counseling and Advising department to support the development of the local mental health policy
- Seeking a committee leader for the Human Sexuality Committee

Policies were reviewed and will be revised in the 2024-25 school year to be proposed:

- EL PASO ISD
- FFA(REGULATION)-X
- LDU 2020.04

Ms. Perla Retana (SHAC Co-Chair) –The SHAC will be reviewing the wellness plan and making recommendations. The wellness plan can be accessed through the agenda and it is imperative to update the plan and that will be reviewed every 3 years.

The SHAC website is accessed from the following link:

- <https://www.episd.org/Page/606>

Ms. Perla Retana (SHAC Co-Chair) –Thank you for all of your hard work. We will have our next meeting during the next school year in September. We will continue to focus on the specific goals and priorities (i.e, wellness plan specifics) we have discussed.

Members in Attendance:

Parents & Community Representatives

Susana Marin
Dr. Sandra Vexler
Perla Retana
Amaday Miller

Fabiola Trillo
Dejan Magoc
Rebecca Morales
Sofia Macias

Erendira Gallegos

Arai Hinojos

Staff Members

John Adams
Danny Paniagua
Daniel Ramirez
Rene Solis
Robert Erivez

Javier Carrasco
Danna Sadler
Darcy Hoggan
Susana Salas

Adrian Kamath
Michelle Cummings
Amy Freitas
Norma Luna

Next Meeting: September 2024 posted on EPISD Website

Motion to adjourn- Ms. Perla Retana (6:30 p.m.) Motion for closure.

Meeting adjourned 6:33 pm.

Javier Carrasco, PhD – Recording

Approved: