

Ms. Acosta's Counseling Newsletter

Whitaker Elementary School



♥ School Counselor Introduction ♥

Welcome back to the 2023-2024 school year! My name is Stacy Acosta and this will be my third year as a counselor at Whitaker Elementary. I am extremely excited to see all of our returning rainbows and our new students! 🌈

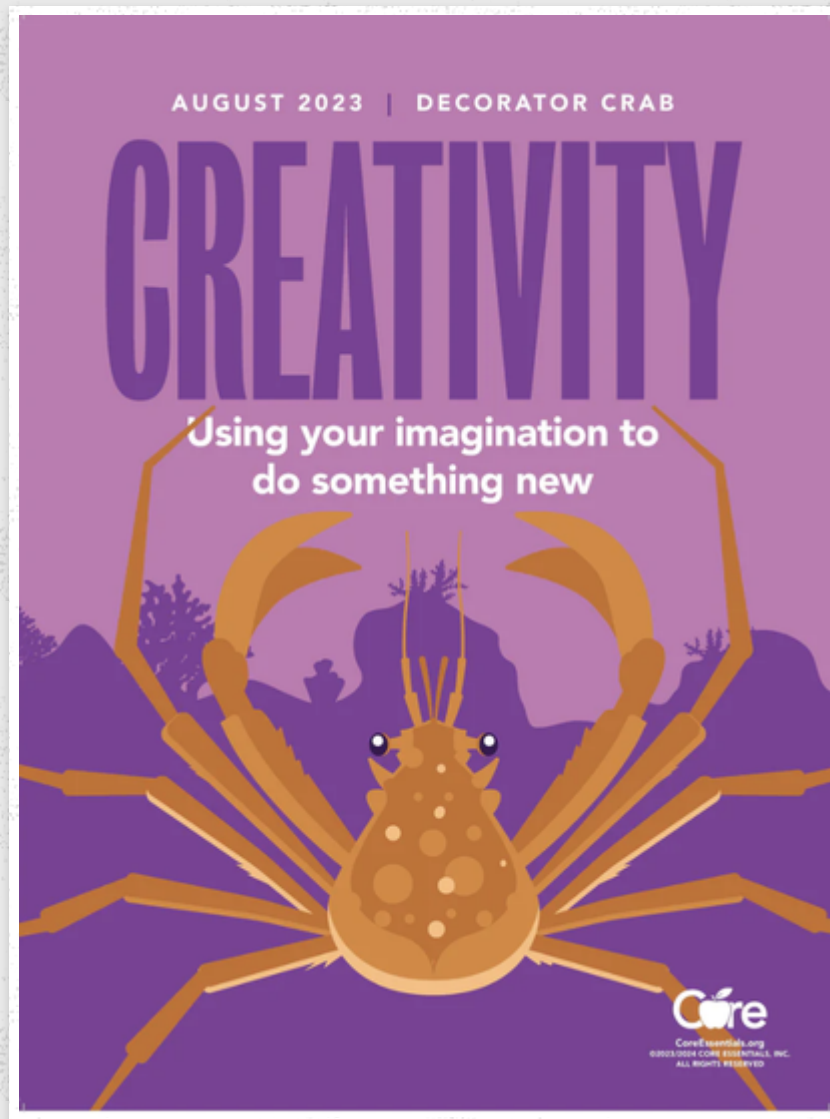
¡Bienvenidos de nuevo al año escolar 2023-2024! Mi nombre es Stacy Acosta y este será mi tercer año como consejera en la Primaria Whitaker. ¡Estoy extremadamente emocionada de ver a todos nuestros arcoíris que regresan y a nuestros nuevos estudiantes! 🌈

Core Essential Values 2023-2024



- **August**-Creativity/ *Creatividad*
- **September**-Friendship/ *Amistad*
- **October**-Integrity/ *Integridad*
- **November**-Gratitude/ *Gratitud*
- **December**-Generosity/ *Generosidad*
- **January**-Responsibility/ *Responsabilidad*
- **February**-Kindness/ *Amabilidad*
- **March**-Peace/ *Paz*
- **April**-Patience/ *Paciencia*
- **May**-Commitment/ *Compromiso*

Core Essential Value of the Month (August)



📖 *Back to School Library!* 📖



Welcome Back to School

docs.google.com

WELCOME BACK TO SCHOOL

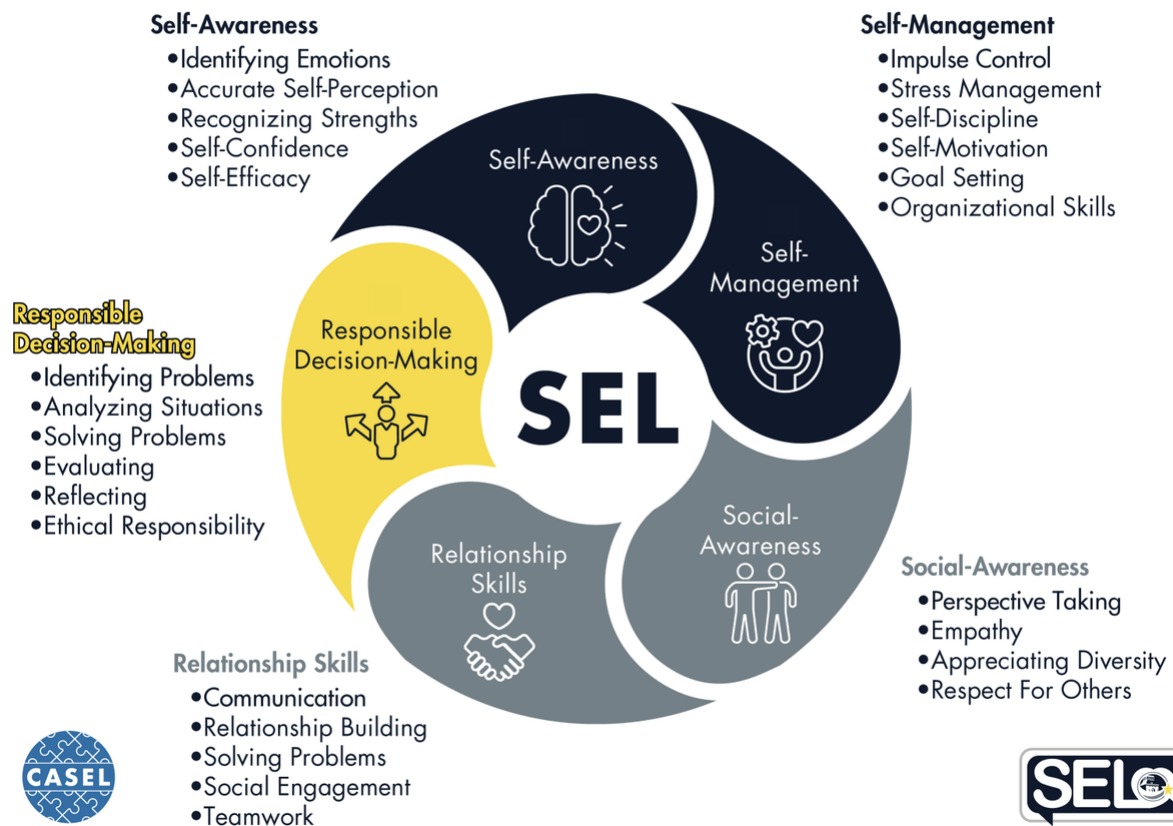
♥ *At Home Social Emotional Strategies for* *Parents/En Casa Estrategias* *Socioemocionales para Padres* ♥

Promoting Social-Emotional Dev...

www.lapetite.com

From the moment your child is born they are developing a sense of self and the world around them. They begin to learn to trust you. As you build a bond with them they feel secure in their world. This sets the stage for their entire developmental future.

Social Emotional Learning Competencies



Competencias del Aprendizaje Socioemocional

Conciencia de Sí Mismo

- Identificar las emociones
- Aclarar nuestra percepción personal
- Reconocer fortalezas
- Confianza en sí mismo
- Eficiencia personal

Autocontrol

- Control de los impulsos
- Manejo del estrés
- Disciplina personal
- Motivación personal
- Establecimiento de metas
- Habilidades de organización

Tomar Decisiones de Manera Responsable

- Identificar problemas
- Analizar situaciones
- Resolver problemas
- Reflexionar
- Responsabilidad ética

TOMAR DECISIONES DE MANERA RESPONSABLE



CONCIENCIA DE SÍ MISMO



AUTOCONTROL



SEL

HABILIDADES RELACIONALES



CONCIENCIA SOCIAL



Conciencia Social

- Considerar las perspectivas de otros
- Demostrar empatía
- Apreciar la diversidad
- Respetar a los demás

Habilidades Relacionales

- Comunicación
- Construyendo relaciones
- Resolviendo problemas
- Compromiso social
- Trabajo en equipo



Attendance Information!

ATTENDANCE MATTERS

Missing a day of school here and there may not seem like much, but absences add up!

When a student misses 2 days a month..

They will miss **20 DAYS** a year.

They will miss **30 HOURS** of math over the school year.

They will miss **60 HOURS** of reading & writing over the school year.

They will miss over **1 YEAR** of school by graduation.

When a student misses 4 days a month..

They will miss **40 DAYS** a year.

They will miss **60 HOURS** of math over the school year.

They will miss **120 HOURS** of reading & writing over the school year.

They will miss over **2 YEARS** of school by graduation.

- Tardy bell rings at 8:15am.
- Students that arrive after 8:15am must get a tardy slip from the front office.
- Please be sure to call our front office if your child will be absent.
- Doctor notes must be turned in to the front office when students return.
- If students are taken out of school early, it will count as a partial absence which will affect their perfect attendance.
- **Attendance Competition:** The class with the best attendance at the end of the month will receive a small reward (e.g. popcorn, pajama day, extra recess time, etc) & the class with the best attendance for the NINE WEEKS will receive a pizza party!

- La campana de tardanza suena a las 8:15 am.
- Los estudiantes que lleguen después de las 8:15 am deben obtener un pase de tardanza en la oficina principal.

- *Asegúrese de llamar a nuestra oficina principal si su hijo estará ausente.*
- *Las notas del médico deben entregarse en la oficina principal cuando los estudiantes regresen.*
- *Si los estudiantes salen temprano de la escuela, se considerará una ausencia parcial que afectará su asistencia perfecta.*
- **Competencia de asistencia:** *la clase con la mejor asistencia al final del mes recibirá una pequeña recompensa (p. ej., palomitas de maíz, día de pijama, recreo adicional, etc.) y la clase con la mejor asistencia durante las NUEVE SEMANAS recibirá una fiesta con pizza.*

School Appreciation Days 2023-2024

2023-2024 School Appreciation Days		
National Substitute Appreciation Week		Sept. 4-8, 2023
World Physical Therapy Day		Sept. 8, 2023
National IT Professional Day		Sept. 19, 2023
National Principal Month		October 2023
School Custodian Appreciation Day		Oct. 2, 2023
National Boss's Day		Oct. 16, 2023
World Occupational Therapy Day		Oct. 27, 2023
Veteran's Day at School		Nov. 11, 2023
National School Psychology Week		Nov. 13-17, 2023
World Kindness Week		Nov. 13-17, 2023
School Board Appreciation Month		January 2024
Law Enforcement Appreciation Day		Jan. 9, 2024
National School Counseling Week		Feb. 5-9, 2024
School Bus Driver Appreciation Day		Feb. 22, 2024
Maintenance Worker Appreciation Day		March 1, 2024
National Employee Appreciation Day		March 1, 2024
National School Social Worker Week		March 3-9, 2024
Paraprofessional Appreciation Day		April 3, 2024
School Librarian Appreciation Day		April 4, 2024
National Assistant Principal Week		April 7-14, 2024
National Volunteer Recognition Week		April 14-20, 2024
National Administrative Professionals' Day		April 24, 2024
School Principal's Day		May 1, 2024
School Lunch Hero Day		May 3, 2024
Teacher Appreciation Week		May 5-11, 2024
School Nurse Day		May 8, 2024
National Speech Language Pathologist Day		May 18, 2024

♥ August Self-Care ♥

august SELF-CARE

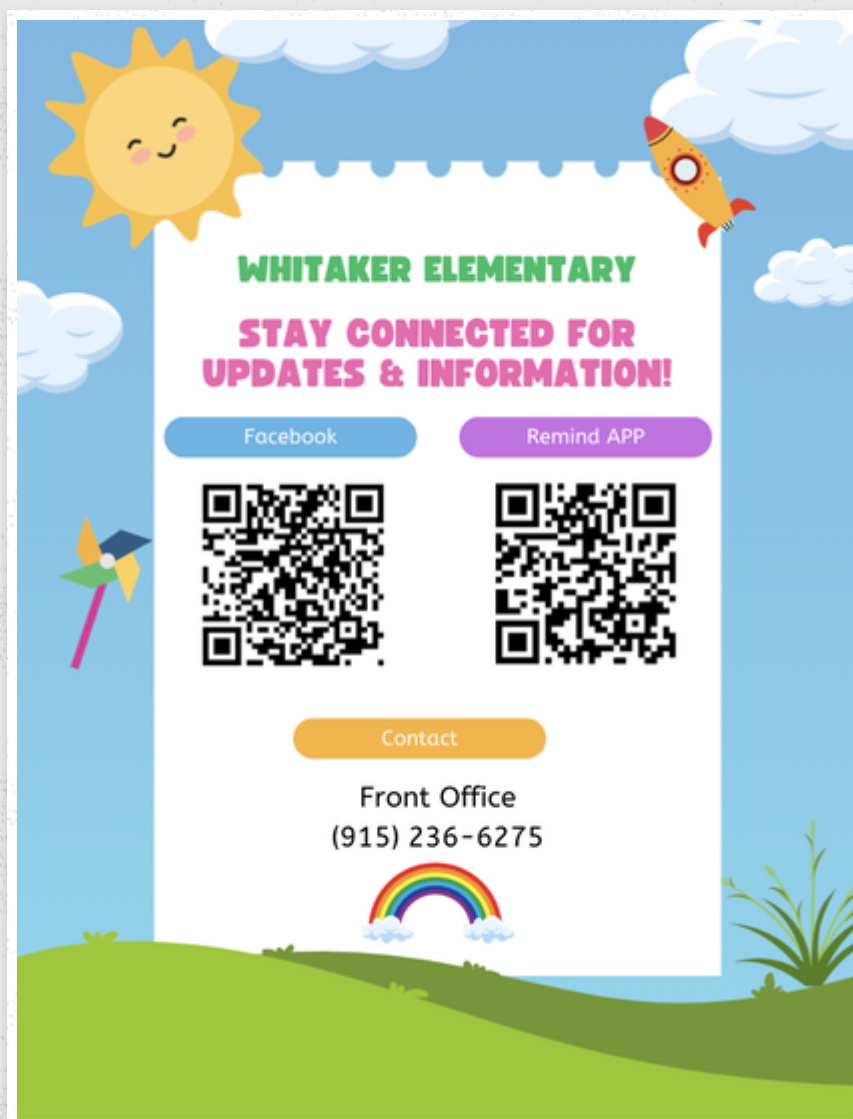
@POSITIVELYPRESENT



August Events Calendar!



Stay Connected!



EPISD PE & Fine Arts Survey!

PE and Fine Arts Options
EPISD Survey
(English)



PE and Fine Arts Options
EPISD Survey
(Spanish)



 *Vote for Our School!* 



Caring4Community | Local Chari...

linkprotect.cudasvc.com

Caring4Community is sponsored by EP Dentistry 4 Kids to support funding for nonprofit organizations in our community. Support your favorite local charity!

VOTE FOR A
LOCAL SCHOOL TO
WIN SUPPLIES!

E.P. Dentistry 4 Kids



\$10,000 In School Supplies!



\$5,000 1st Place

\$3,000 2nd Place

\$2,000 3rd Place

Voting Open 7/31 - 8/18



Follow us for contest updates
@epd4k



Scan To Vote!



Communication/Comunicación

 Facebook

Join Remind!

<https://www.remind.com/join/3b9a9df>

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