

Ms. Acosta's Counseling Newsletter

🌈 Whitaker Elementary School 🌈

FEBRUARY

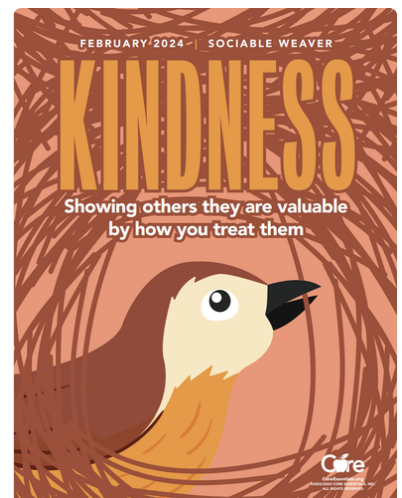
Core Value of the Month (Kindness/Amabilidad)

Discussion Questions for Students:

- What does kindness mean?
- Why is being kind an important trait to have?
- What are some ways that you can show kindness?

Preguntas de discusión para estudiantes:

- ¿Qué significa bondad?
- ¿Por qué ser amable es un rasgo importante?
- ¿Cuáles son algunas maneras en que puedes mostrar bondad?





Core Value Video/vídeo de valor fundamental



February 2024_Week 1_Say It Video



Kindness Books/libros de bondad



Big Idea in Books



FEBRUARY 2024

KINDNESS: Showing others they are valuable by how you treat them

Finding Kindness by Deborah Underwood (PreS-K)

Tyaja Uses the Think Test by Linda Ryden (1-5)

A Thousand White Butterflies by Jessica Betancourt-Perez (K-2)

A Small Kindness by Stacy McNulty (PreS-2)

Gibberish by Young Vo (PreS-2)

I Walk with Vanessa by Kerascoet (K-5)

A Sick Day for Amos McGee by Philip Stead (PreS-2)

A Friend for Mole by Nancy Armo (PreS-2)

Somebody Loves You, Mr. Hatch by Eileen Spinelli (K-5)

The Kindness Quilt by Nancy Elizabeth Wallace (K-2)

Chicken Sunday by Patricia Polacco (2-5)

Change Sings: A Children's Anthem by Amanda Gorman (K-5)

♥ Family Core Value Resources/Recursos de Valores Fundamentales Para Familia ♥



Kindness Core Value Newsletter (English).pdf

[Download](#)

287.2 KB

Kindness Core Value Newsletter (Spanish).pdf

[Download](#)

288.6 KB

♥ February Events!/Eventos de febrero! ♥

Whitaker Elementary School						
February 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 National School Counseling Week/5th Grade RLA STAAR Stand Alone Field Test	6 Early Release @ 12pm/PT Conferences @ 1pm-6pm	7 3rd-5th Grade Spanish RLA STAAR Stand Alone Field Test	8	9	10
11	12 Spring Interim 3rd-5th Grade (Math)	13 Spring Interim 3rd-5th Grade (Reading)	14 Early Release for Students @ 12pm/Teacher PD	15	16 Spring Interim 3rd-5th Grade (Science)	17
18	19 TELPAS Testing Window Opens	20 TELPAS Testing (2nd-5th grade Reading/Writing)	21 TELPAS Testing (2nd-5th grade Listening/Speaking)	22 School Bus Driver Appreciation Day	23	24
25	26	27	28 1st Grade Reading Morning with Mom or Dad @ 8:30am-10:30am/Literacy Night @ 3:30pm-5:00pm	29 Easter Pictures/ PBIS Celebration/5th Grade Ice Cream Social @ 2:00pm		



WHITAKER ELEMENTARY SCHOOL

CELEBRATE KINDNESS!

FEBRUARY 12-FEBRUARY 16

SPIRIT WEEK



MONDAY 2/12	TUESDAY 2/13	WEDNESDAY 2/14	THURSDAY 2/15	FRIDAY 2/16
KINDNESS "TIES" US TOGETHER Wear a tie or bow tie! 	WILD ABOUT KINDNESS Wear animal print or camo! 	COLOR OUR WORLD WITH KINDNESS Wear rainbow or tie dye clothing! 	"WORK OUT" PROBLEMS WITH KINDNESS Wear workout clothes! 	DREAMING OF KINDNESS Wear your favorite pajamas!



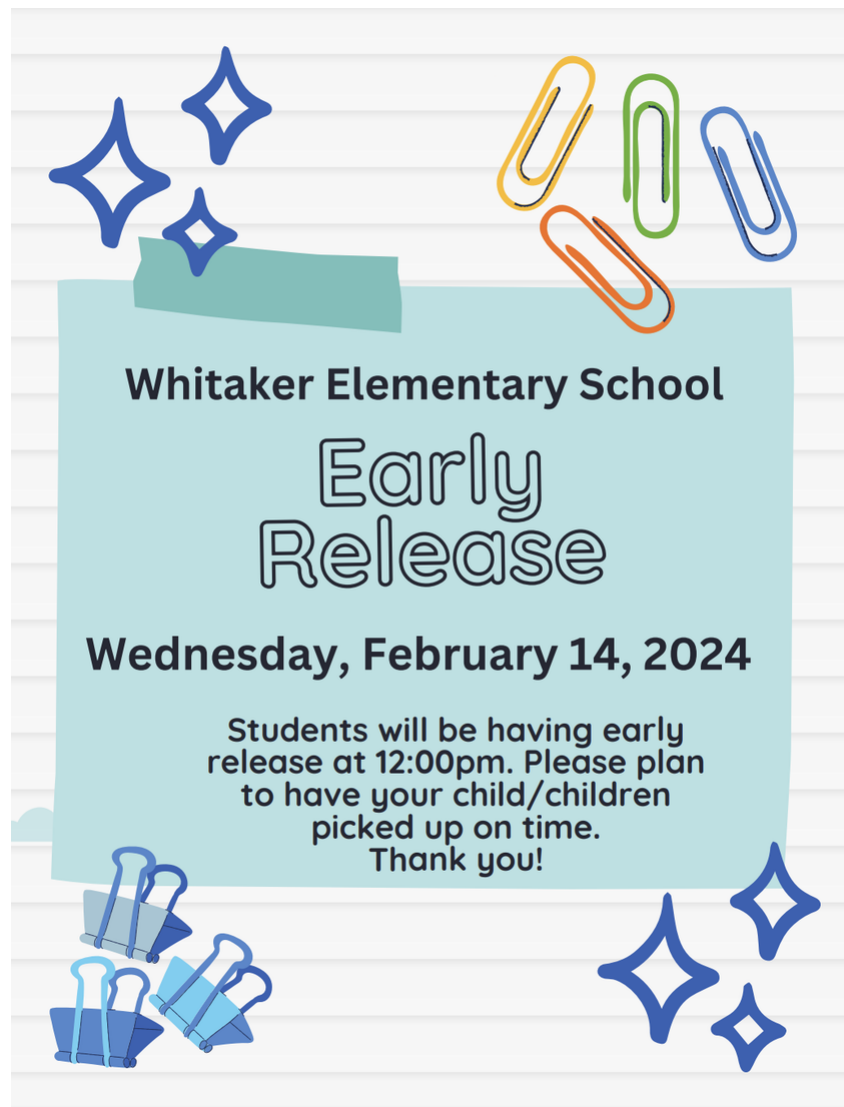
WHITAKER ELEMENTARY

FEBRUARY 2024

ACTS OF KINDNESS CHALLENGE



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Write a positive note or thank you card to someone. 	2 Smile at as many people as you can. 	3 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it!
4 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it! 	5 Offer a helping hand. 	6 Give someone a fist bump or high five. 	7 Draw a picture and gift it to someone. 	8 Let someone go ahead of you. 	9 Be a good, caring listener. 	10 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it!
11 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it! 	12 Say, "Hi!" to a person you've never spoken to before. 	13 Invite someone to play. 	14 Help pick up something that dropped. 	15 Tell a family member you love them. 	16 Thank a person for what they do. 	17 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it!
18 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it! 	19 Teach someone something new. 	20 Make someone laugh or tell a funny joke. 	21 Offer to help carry something. 	22 Let someone use something that is yours. 	23 Cheer someone on. 	24 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it!
25 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it! 	26 Give a compliment to someone. 	27 Do a chore for someone. 	28 Hold the door open for somebody. 	29 FREE CHOICE! Come up with your own idea of how you can be kind and helpful and do it! 		



💖 *February Reminders/Recordatorios de febrero* 💖

DON'T forget TO:

@POSITIVELYPRESENT



CELEBRATE THE PRESENT MOMENT



LET YOUR TRUE SELF SHINE

STAND UP FOR WHAT YOU BELIEVE IN



ALLOW OTHERS TO LIFT YOU UP



GIVE YOURSELF TIME TO GROW



SEND OUT WHAT YOU WANT TO RECEIVE



📸 Whitaker Spotlight 📸



Practice Lockdown



5th Grade Parent Workshop



100th Day of School



**National School
Counseling Spirit Week**



**National School
Counseling Spirit Week**



**National School
Counseling Spirit Week**



**National School
Counseling Week**



National Compliment Day



National Compliment Day



Smore

Beautiful class updates in a snap

