# Ms. Acosta's Counseling Newsletter

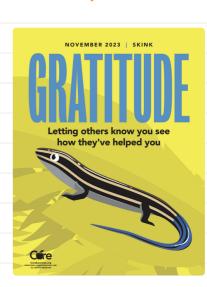
Whitaker Elementary School



### Core Value of the Month (Gratitude/Gratitud)

## Discussion Questions for Students/Preguntas de discusión para los estudiantes

- What does it mean to be thankful?
- What words could you use to tell your friends you appreciate them?
- Why do you think it is important for us to be thankful for what we have?
- · Who in your family are you grateful for? Why?
- ¿Qué significa estar agradecido?
- ¿Qué palabras podrías usar para decirles a tus amigos que los aprecias?
- ¿Por qué crees que es importante que estemos agradecidos por lo que tenemos?
- ¿Por quién en tu familia estás agradecido? ¿Por qué?





## Big Idea in **Books**



GRATITUDE: Letting others know you see how they've belond you

Give Thank You a Try by James Patterson (PreS-2)

Sally Bee Writes a Thank You Note by Courtney Sheinmel (K-5)

The Better Tree Fort by Jessica Scott Kerrin (K-5)

There, There by Tim Beiser (K-3)

One Is a Feast for Mouse by Judy Cox (K-3)

Albert the Fix-it Man by Janet Lord (PreS-2)

Splat Says Thank You! by Rob Scotton (PreS-2)

Miss Dorothy and Her Bookmobile by Gloria Houston (K-5)

Before We Eat: From Farm to Table by Pat Brisson (PreS-3)

The Thankful Book by Todd Parr (PreS-1)

Giving Thanks: A Native American Good Morning Message

Thanks a Million by Nikki Grimes (K-5)

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#### Gratitude Core Value Newsletter (English).pdf

**Download** 

397.3 KB

#### Boletín de Valores Fundamentales de Gratitud (español).pdf

**Download** 

398.8 KB

♥ SEL Activities forHome/Actividades Socioemocionales para el hogar €



#### 10+ Social Emotional Activities for Home

Social emotional learning isn't just something that should be practiced and taught at school. SEL skills are life skills, of course! These include skills like empathy, self-control, and decision-making. Before I even get started, while I was writing this post, I decided to also create a set of S

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### Whitaker Elementary November 2023

1 CIT Meeting @ 3:30pm/Canned Food Drive 4th Grade Art Museum Field

3 Chico Drug Prevention Presentation PK-2nd

• Core Value of the Month: Gratitude

• Families are welcome to eat lunch with their child every Friday! \*Food from our Eat Smart Cafe is encouraged.



Last day to 3rd-5th

8 Thanksgiving Lunch

9 Honoring Our Veterans Stop & Go Coffee 7:30am-8:30am

Trip

10 Veteran's Day Observance/No School





12

13 IT Class Parent Workshop @ 2:20p 3:20pm/World Kindness Week

15 Last day for Canned Food Drive/PK3-B Family Workshop @ 2:15pm

Begins/PK3-A Family Workshop

4th Grade Family Night @ 5pm-6pm

IT Class Parent Workshop @ 2:20pm-3:20pm







26

19

27

28

29 Christmas Pictures/Amplify & Eureka Parent Workshop @ 9am-10am

30 **PBIS** Celebration





## november SELF-CARE

@P0SITIVELYPReSENT



### Whitaker Spotlight!



Veterans Presentation (3rd-5th)



**Chico Drug Prevention Presentation (PK-2nd)** 



Miss West Texas Campus Visit



