

School Health Advisory Committee

November 18, 2021

5:00 PM

EPISD PDC – 6500K Boeing Dr.

**5:30 Call to Order**-

Welcome

**Approval of minutes from October 21 meeting**

**Committee Development**

Priorities by Committee

**Human Sexuality**

SHAC Approved Health curriculum

**Wellness**

Wellness Policy Accountability

**Physical Activity and Fitness**

Guidelines on MVPA

Offer staff Free or low cost PA/Fitness programs

**Nutrition**

Alternatives to food rewards

Future Meeting Dates

December 16, 2021

January 20, 2022

March 17, 2022

May 19, 2022

Any other unfinished business

Next Meeting: December 16, 2021

Adjourn

Javier Carrasco- Recording