

Ms. Acosta's Counseling Newsletter

Whitaker Elementary School

September

Core Value of the Month

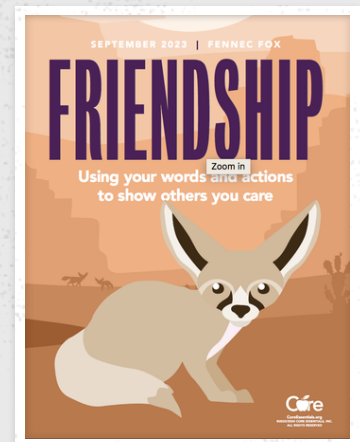
(Friendship)/Valor fundamental del mes
(amistad)

Discussion Questions for Students:

- What makes you a good friend?
- What do you like to do with your friends?
- What have you learned from a friend?
- What words can you use to show others that you care about them?
- How do you share what you love with your friends?

Preguntas de discusión para estudiantes:

- ¿Qué te convierte en un buen amigo?
- ¿Qué te gusta hacer con tus amigos?
- ¿Qué has aprendido de un amigo?
- ¿Qué palabras puedes usar para mostrarles a los demás que te preocupas por ellos?
- ¿Cómo compartes lo que amas con tus amigos?





Books about Friendship/¡Libros sobre la amistad



Relationship Skills Library

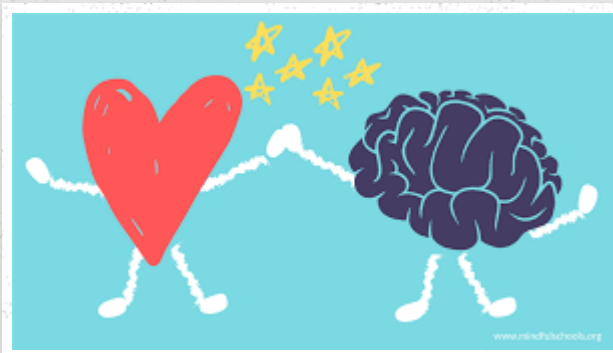
Relationship Skills Library

docs.google.com

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At Home Social Emotional Strategies!/¡Estrategias socioemocionales en casa!❤️



12 Home Activities that Build Social Emotional Skills

www.thepathway2success.com

Pathway
2 SUCCESS

Play board games and sports



Go on a mindful walk outside



Write in a journal or diary



Practice coping skills, like mindful breathing



Read picture books



Practice mindful coloring

Talk about characters' feelings in a movie



Start an acts of kindness challenge



Organize an area of the house together



Write a self-compliment list



Use conversation starters to share ideas



Play games like "I Spy" and "Simon Says"

Clipart by Kate Hadfield & Sarah Pecorino



September Events Calendar! / iCalendario de eventos

de septiembre! 1

Whitaker Elementary School

September 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 No School/Labor Day/National Substitute Appreciation Week	5 Last day to purchase ticket for Grandparent's Day Celebration!	6 PEL & Social Worker Meet & Greet 8:30am-9:30am/Grading Period Ends	7 Grandparent's Day Breakfast Celebration 8am-9am/Fall Pictures	8 Grading Window Closes	9
10 	11 Scholastic Book Fair Opens!	12 Early Release @12:00pm/Parent-Teacher Conferences @ 1pm-6pm	13	14 Fall Picture Retakes	15 International Dot Day! Wear clothing with dots/Last day for Scholastic Book Fair	16 Mogeffin Middle School Book Giveaway @ 9am-3pm
17 	18	19	20 Early Release for Students @ 12:00pm/Teacher PD/Progress Report Data Meetings	21	22	23
24	25	26	27	28 PBIS Celebration/Family Night 2nd Grade @ 5pm-6pm	29 End of 1st Grading Period/CIT Meeting @ 3:30pm	30

Core Essential Value:

Friendship: Using your words & actions to show others you care.

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<https://www.facebook.com/whitaker elementary/>

B.E.A.M!!



Communication/Comunicación

Facebook

Join Remind!

<https://www.remind.com/join/3b9a9df>

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