

EPISD

Food & Nutrition Services

Elementary School Regular Breakfast Calendar Menu

Breakfast:
\$1.35 Paid
\$0.00 Reduced
Lunch:
\$2.10 Elementary
\$2.40 MSHS
\$.40 Reduced

Breakfast Menu

Served Daily: Milk, Cold Cereal, Oatmeal
Juice, and Fresh Fruit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Grilled Cheese Sandwich	Breakfast Pizza	Breakfast Burrito	Homemade Pancakes Pork Sausage Patty	Cinnamon Roll
WEEK 2	Breakfast Burrito	Sausage, Egg, and Cheese Croissant	Yogurt Parfait	French Toast Sticks/ Scrambled Eggs	Coffeecake
WEEK 3	Yogurt Parfait	Breakfast Pizza	Chicken & Waffles	Homemade Pancakes Pork Sausage Patty	Cinnamon Roll
WEEK 4	Bean & Cheese Burrito	Scrambled Eggs Sausage Patty	Sausage, Egg, and Cheese Croissant	French Toast Sticks/ Scrambled Eggs	Coffeecake

Lunch Menu

Served Daily: Fresh Fruit and Milk

Menus subject to change based on availability of menu items.

Menus Subject to Changes

August					Week
M	T	W	T	F	
	1	2	3	4	--
7	8	9	10	11	1
14	15	16	17	18	2
21	22	23	24	25	3
28	29	30	31		4

September					Week
M	T	W	T	F	
				1	4
4	5	6	7	8	1
11	12	13	14	15	2
18	19	20	21	22	3
25	26	27	28	29	4

October					Week
M	T	W	T	F	
2	3	4	5	6	--
9	10	11	12	13	--
16	17	18	19	20	1
23	24	25	26	27	2
30	31				3

November					Week
M	T	W	T	F	
		1	2	3	3
6	7	8	9	10	4
13	14	15	16	17	1
20	21	22	23	24	--
27	28	29	30		2

December					Week
M	T	W	T	F	
				1	2
4	5	6	7	8	3
11	12	13	14	15	4
18	19	20	21	22	1
25	26	27	28	29	--

January					Week
M	T	W	T	F	
1	2	3	4	5	--
8	9	10	11	12	2
15	16	17	18	19	3
22	23	24	25	26	4
29	30	31			1

February					Week
M	T	W	T	F	
			1	2	1
5	6	7	8	9	2
12	13	14	15	16	3
19	20	21	22	23	4
26	27	28	29		1

March					Week
M	T	W	T	F	
				1	1
4	5	6	7	8	--
11	12	13	14	15	--
18	19	20	21	22	2
25	26	27	28	29	3

April					Week
M	T	W	T	F	
1	2	3	4	5	4
8	9	10	11	12	1
15	16	17	18	19	2
22	23	24	25	26	3
29	30				4

May					Week
M	T	W	T	F	
		1	2	3	4
6	7	8	9	10	1
13	14	15	16	17	2
20	21	22	23	24	3
27	28	29	30	31	4

June					Week
M	T	W	T	F	
3	4	5	6	7	1
10	11	12	13	14	
17	18	19	20	21	
24	25	26	27	28	

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN ENTREE

Cheese Pizza
Buttery Corn
Mixed Green Salad

Chicken Alfredo
Garlic Knot
Broccoli
Carrots/Cucumber

Aloha BBQ Drumstick
Whole Wheat Roll
Mashed Potatoes
w/gravy
Ranchero Beans

Chicken Nuggets
Whole Wheat Roll
Mashed Potatoes
Carrots w/ Assorted
Veggies

Tostada Dippers
Mexican Rice
Carrots/Celery

THE DELI

Munchangles

Uncrustable
Graham Crackers

Ham & Cheese
Sandwich

SALADS

Veggie Nugget
Salad

Chicken Caesar
Salad

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN ENTREE

Veggie Nuggets
Whole Wheat Roll
Juicy Corn
Carrots w/ Assorted
Veggies

Steakburger
Savory Fries
Carrots/Celery Dippers

Chicken Tenders
Whole Wheat Breadstick
Mashed Potatoes
Zucchini Spears

Hot Dog
Ranch Beans
Carrots/Cucumber

Fish Nuggets
Mac & Cheese
Green Beans
Fresh Broccoli w/
Cherry Tomatoes

THE DELI

Peanut Butter &
Jelly Sandwich

Peanut Butter
EatSmart Box

Pizza
EatSmart Box

SALADS

Crispy Chicken
Salad

Chicken Caesar
Salad

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN ENTREE

Bean Tapatias
Mexican Rice
Fiesta Corn

Crispy Chicken Sandwich
Savory Fries
Carrots/Cucumber

Pepperoni Pizza
Orange Delight Carrot
Coins
Mixed Green Salad

Breaded Chicken
Drumstick
Ranch or Refried Beans
Carrots w/ Assorted
Veggies

Corn Dog
Baked Beans
Carrots/Cucumber

THE DELI

Uncrustable
Graham Crackers

Peanut Butter
EatSmart Box

SALADS

Chicken Caesar
Salad

Crispy Chicken
Salad

Tuna/Fajita
Salad

WEEK 4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN ENTREE

Pizzaboli
Juicy Corn
Carrots/Cucumber

Beef Tacos
Mexican Rice
Refried Beans

Szechuan Chicken Bites
Brown Rice
Stir Fry Veggies
Carrots/Jicama

Spaghetti w/ Meatballs
Broccoli & Cheese
Mixed Green Salad

Steakfingers
Mashed Potatoes
Carrots/Cucumbers

THE DELI

Uncrustable
Graham Crackers

Peanut Butter
EatSmart Box

Pizza
EatSmart Box

SALADS

Veggie Nugget
Salad

Chicken Caesar
Salad